White Goods

**Economy** 

heard of Prices

Department.

40-inch plain Voile; 79c

value: Special

59c

36-inch Seed Voile; 79c

value; Special

59c

36-inch Fancy Voiles;

\$1.00 value; Special

49c

45-in. White Organdie;

\$1.98 value; Special

\$1.49

45-in. White Organdie;

\$1,89 value; Special

\$1.39

36-inch Nainsook; 65c

value; Special

39c

40-in. Striped Organdie,

\$1,79 value; Special

\$1.49

36-inch Nainsook; 39c

value; Special

36-inch Colored Linen;

\$1.98 value; Special

\$1.49

36-inch colored striped

and checked Handker-

chief linen; \$2.25 value;

Special

\$1.59

39-inch White Linen; \$2.00 value; Special

36-inch Handkerchief

Linen; all linen; Special

\$1.39

36-inch Handkerchief

Linen; half linen;

Special

\$1.00

18-in. half linen Crash; 39c value; Special

29c

Special Sample Lot of Fine Spreads to

be Sold Out at

Cost.

One odd lot of large size

Bed Spreads; \$5.75 Special

\$2.98

Ready-Made Sheets; 72x99; Pequot Sheets;

\$3,50 value; Special

\$2.85

81x90 Pequot Sheets; \$3.50 value; Special

\$2.85

Japanese Table

Covers

54x54 Japanese Table

Covers; \$3.98 value; Special

\$2.98

63x64 Japanese Table

Covers; \$5.48 value;

Special

\$3.25

72x72 Japanese Table

Covers; \$6.48 value;

Special

\$3.98

#### MUST EAT SPARINGLY AFTER 40 YEARS OLD

The Habit of Big Meals in Middle Age Means Shortened Life.

After forty years of wear and tear the human body needs care for the preservation of health and energy and e prolongation of life. Some persons are in the prime of life at forty, but others show the first signs of age.

In the mid period of life there is often an increase in weight and tendency in some cases to obesity. A surplus of fat is beneficial in childhood and youth, provided that it is not excessive. During growth plumpness is desirable, but after maturity fatness is not always an indication of fitness.

Wiry, muscular, energetic men remain young longer than fat men. Women naturally are provided with more fat than men, and in their case a slight embonpoint at middle-age is a mark of health.

bonpoint at middle-age is a mark of health.

Overeating and the injudicious use of alcoholic drinks in middle age shorten the lives of a host of people. Probably over-eating causes more illness than free indulgence in stimulating drink.

At 50 many persons develop a new interest in the pleasures of the table. They regard the enhanced enjoyment of eating as a sign of vigor and indulge their desire for good dinners. Unless a middle-age man takes constant exercise he cannot digest and assimilate his heavy meals. The result is increased blood pressure, self poisoning through fermentation in the digestive organs, and the beginning of senile decay.

After the fourth decade of life the body does not require the same amount of food that is needed in the years of frowth and of constant activity. No sedentary middle-aged person can eat hearty meals habitually without impairing health and curtailing the span of years. The diet must be plain and digestible and the quantity eaten limited strictly to the repair of tissue expended in work.

Adding to the bulk of the body in middle age is risky. This does not mean that the diet should be Spartan. It must be simple and moderate. Tasty dishes tempt stout people to eat too freely. Corpulence may be reduced by abstaining from fat meats, sugar, soups and pastry. Bread and potatoes should be eaten rather sparingly. Fresh fruit and green vegetables may be taken regularly in moderation.

#### HARVARD ASTRONOMERS IN SEARCH FOR COMET

Cambridge, Mass.—tx. N. S.)—Harvard astronomers are studying the plates made of the heavens in the region where Schaumassee of Nice is reported to have discovered his new comet on July 18. An attempt is being made to cartify the discovery of the new planet by Professors Balley and King at the conservatory in Cambridge. A cablegram to the members of the Harvard observatory staff from M. Lepointe, director of the Central Bureau of Astronomical Telegrams at Uccle, Belgium, announced the discovery. The cablegram transmitted a message from M. Fayat of the Nice observatory.

message from M. Fayat received at the Harvard observatory.

In a later telegram from M. Fayat received at the Harvard observatory he says he finds that Schaumasse's comet is identical with the comet known as Temple 11, with the perihelion advanced six and one-half days.

The comet was in the ascension—1 hour, 47 mi nutes and 52 seconds, declination minus one degree 14 minutes.

#### TAKE PHOSPHATE WITH MEALS IN **SUMMER-TIME**

Your Nerves' Demand It, Your Blood Needs It, Say Physicians.

To overcome this lack of an element of your body that is necessary to your health, your happiness and even your success in life, weak, anaemic, nerv-ous, run-down people are advised to take Bitro-Phosphate as dispensed in leading drug stores in the original

leading drug stores in the original package.

Speaking of people who are easily fatigued, who lack ambition, nerve and are offitimes thin, weak and sadiy lacking in firm, healthy flesh, Joseph D. Harrigan, formerly Visiting Specialist, North Eastern Dispensary, N. Y., says:

"Patients who were apparently physical wrecks, who foolishly thought they needed only a blood tonic to enrich the blood, have come for treatment trembling and shaking, their nerve force almost exhausted and in many such cases the administering of Bitro-Phosphate has produced seemingly magical results."

People who feel the heat of Summer, tire easily and often become irritable and depressed, will find Bitro-Phosphate an inexpensive and helpful friend. Druggists report a wonderful increase in the demand from men and women who are anxious to renew old-time ambition and who are making an honest effort to become vigorous and keen-minded with a power of endurance that denotes almost perfect health. They ask for Bitro-Phosphate because they know they need an inexpensive organic phosphate.—(Adv.)

#### SAY "DIAMOND DYES"

Don't streak or ruin your material in a poor dye. Insist on "Diamond Dyes." Easy directions in every package.

#### GIRLS! MAKE A LEMON BLEACH

Lemons Whiten and Double

Beauty of the Skin

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, which can be had at any drug store, shake well and you have a quarter pint of harmless and delightful lemon bleach for few cents. Massage this sweetly fragrant lotton into the face, neck, arms and hands each day, then shortly note the beauty of your skin.

f your akin.

Famous stage beauties use lemon sice to bleach and bring that soft, lear, rosy-white complexion. Lemons are always been used as a freckle, unburn and tan remover. Make this up



Nelson's Hair Dressing



#### Happiness, What is It, And When Does it Come?

Emily Kinnaid, of the British Y. W. C. A., says:

"Happiness is a result, not an attainment—reaping after sowing, expansion and hospitality of spirit; therefore, after thirty-five it can be more real."

Winifred, Countess of Arran, says she things "appreciation of blessings is greater after thirty-five than in youth; consequently, under normal circumstances happiness may be fuller in middle age."

stances happiness may be fuller in mid-die age."

But Dame Clara Butt, the famous singer, believes the happiest time for woman is before she is forty years old. Dr. Mary Schariieb, woman specialist, says happiness does not depend on age, but in ordering life in accordance to en-vironment. dle age."

But Dame Clara Butt, the famous singer, believes the happlest time for woman is before she is forty years old. Dr. Mary Scharlieb, woman specialist, says happiness does not depend on age, but in ordering life in accordance to environment.

"In choosing your work and a husband it is necessary to consider tempermanent, taste and character," says Dr. Scharlieb. "Obey natural laws, do

London.—(I. N. S.)—British women are divided in their their views upon Dr. Josiah Oldfied's statement that women are "happiest and best" after their thirty-first birthday.

Lady Edward Churchill says:
"Most women have attained some position by thirty-five. Happiness then, though perhaps shorn of excitement, makes for contentment and peace of mind, which is felicity."

Emily Kinnaid, of the British Y. W. C. A. says: worker, agrees with Dr. Oldfield, be-cause what a woman really strives for whe is generally well on the way to possessing by the time she reaches 35 years of age.

"By this age what we have really invested in our lives will be paying dividend, but we can expect to receive interest of the same nature as the capital expended." Mrs. Irving observes.

"The unhappy middle-aged woman is generally one who has never made upher mind what she really wants."

Lady Beachman, of the Marriage Defense league, thinks that the happlest time of a woman's life is up to thirty-five, for that time generall brings marriage, children and the responsibility of a home.
"I am not looking forward to the

#### WOMEN AT SAN FRANCISCO

BY A. MAURICE LOW (Washington Correspondent, the London Morning Post.)

(Washington Correspondent, the London Morning Post.)

My reaction to the San Francisco convention—I refer especially to the female side of it—is that the long battle which women fought to secure the franchise has brought them something more than victory. It gave them political equality, to be sure, but it has given them also a confidence in themselves and a knowledge of their power they never had before. Fundamentally women have not changed. That is impossible. Nothing will change women. Woman she is, and woman she will-remain; to be separate and apart and as different, intellectually and emotionally, from man as she is physically. But she has gained what our grandmothers would have believed impossible. In the peculiar philosophy of nature, gains must often be paid for by losses. Watching women at work in their new political environment I see what she has gained; but if she has paid for it the fact is not apparent. She has met man on his chosen field and proved his equal, but she has not ceased to be feminine. And, while she has remained feminine, she has not resorted to her most powerful weapon to conquer.

More women sat in the San Francisco convention: as delegates or alternates, than ever before in a great political gathering. They were women of all classes, of all ages, of all conditions. Some of them were elderly, some of them were middle-aged, some of them were my on the women of all classes, of all ages, of all conditions. Some of them were well dressed and knew how to wear their clothes, to the delight of the male observer, who may not know the technic of a woman's dress but is artist enough to have his love of color and beauty gratified. Some of them were elderly, some of them were middle-aged, some of them were well dressed and knew how to wear their clothes, to the delight of the male observer, who may not know the technic of a woman's dressed and knew how to wear their clothes, to the delight of the male observer, who may not know the technic of a woman's dressed and knew how to wear their clothes,

for retorm; age with its wisdom chilling fervor and thinking only of the practical.

A man who has seen more than one convention and goes there as a detached observer knows what to expect. He knows there will be a certain number of men—"leaders" in the friendly newspapers, and "bosses" in the opposition journals—who will influence the great body of delegates, the majority of whom will proudly proclaim they have an 'open mind," which means they are open to argument, to persuasion, pressure, not infrequently to inducement. It is the nature of man to be gregarious, and never is this gregariousness more strikingly seen than at a convention. There is no such thing as a solitary delegate or solitude. Men swarm as bees in a hive, always together; always the buzz goes on, always they argue and discuss and seek to persuade. The great body of delegates not only argue and discuss and seek to persuade. The great body of delegates not only has an open mind, but it is a malleable mind. Delegates, nine of them out of ten, go to a convention primarily to nominate a candidate who can defeat his rival. A delegate may have a preference, but convince him that his projudice is endangering party success and he will sacrifice his inclination for victory.

Personality Counts.

I thought of this after leaving Chicago, as I journeyed across the continent. The interesting speculation to me was whether the women, similar to the men, would find their inspiration in a few chosen leaders, chosen as we in England choose our prime minister, not by election, but by common consent as the outstanding figure in his party; or whether there would arise a woman with a personality so dominating that she had merely to decree and her commands would be obeyed. There was a further thought that crossed my mind. There is never an occasion when that clusive thing called personality counts for so much as at a national convention. It has been seen so often that every trained observer looks at once for the man who, sometimes openly and at other times secretly, by sheer force of personality molds the convention to his purpose.

times secretly, by sheer force of personality molds the convention to his purpose.

Now, of all the gifts possessed by mortals surely woman may justly count personality as her greatest, and also justly believe that her personality exceeds that of men. Here, then, was the opportunity for women, women as a whole, of some woman more distinguished than her sister, because in herself embodied women, to excerise her charm and fascination. It was what one might have expected, but the expectation met disappointment.

I speak particularly of the San Francisco convention, because, while there were also women at Chicago, circumstances conspired to make them play only a subordinate role, while in San Francisco they were conspicuously on the stage. In Chicago there was neither contest mor apprehension over principles; it was determined before the convention met that prohibition was fait accompil and therefore should not be referred to in the platform, and that the Wilson league of nations should be accepted with benevolent toleration. The women, being sood party women, acquiesced in those decisions as loyally as the men. In San Francisco the stage setting was different. Men went to San Francisco hopins, but fearing their hopes were faint, they might be able to get a 'wet' or at least a pleasantly moist plank into the platform that would sustain the drooping spirits of the parched, and to gain that they were willing to harter the league or a league of nations.

Mere Thought Was Vile.

To the women assembled in San

they were willing to barter the league or a league of nations.

Mere Thought Was Vile.

To the women assembled in San Francisco the mere thought of paltering with prohibition or bartering about the league of nations was vie. To them prohibition was no more politics than the league was politics, but both were morality. Into the democratic convention, largely through the women, but not solely, because there were some men who feit exactly as they did, there was brought morality. It is somewhat unusual to bring morality into a political convention. Tet it was there. What would the women do with it? Would they show their unitness for politics by turning themselves into a shricking sisterhood and try the methods of the revivalists in bringing the sinner to grace, or would they play their game with the impersonal skill and coolness of the male politician?

Ask any man who was at San Francisco and he will tell you that there is not much left for the women to learn. The intensive training they have undergone in their battle for political equality has made them veterans. They under-

of sex. Cajolery was forgotten. Even the man's weapon of persuasion was less resorted to than argument.

It was argument they employed; not emotional argument, but the sincerity of conviction. What one of their leaders said to me they must have said scores of times to the men delegates. "Women," she said, "are fighting liquor in this convention as we fought it in our homes, in state conventions, in the our homes, in state conventions, in the legislaturees, wherever it was to be fought. We have fought it because women have always been the greatest sufferers from liquor.

#### GIRL TOURING WORLD ON STENOGRAPHER'S SALARY

Works at Interesting Cities Long Enough to Get Money for Next Stop.

for Next Stop.

New York—A girl has been discovered at Y. W. C. A. headquarters in New York City who is taking a world trip, making the money for it as she goes along by doing stenographic work in whatever city she wants to visit. She left Australia, her home, a year ago and sailed for Vancouver, where she made her first stop. She visited Canadian cities on her way east and after four months in New York will go to England. She stops at the Y. W. C. A. in each city. Stenographic positions are easy to find in all cities and apparently supply enough funds to provide for railroad tickets besides living expenses. This is not the first "litnerant lady typist" to be found. A New York City firm has just said goodby to two typists who are "seeing America first," by the same scheme. They are girls who are eager to see the country "before settling down to married life or some other steady job" they say. Their employers are wondering whether this is a new manifestation of feminine unrest or merely a novel way of venturesome, capable girls to widen their knowledge and experiences, realizing that the demand for typists has made the expert in this line a remarkably free agent.

#### TERCENTENIALS ARE ON

(Brooklyn Standard Union.)
The open season for tercentennials begins with the public presentation in London to the British nation, in which ex-Senator Elihu Root and Ambassador Davis collaborate, of the Saint-Gaudens statue of Lincoln, to be followed later in the month by the dedication of Sulgrave, the Washington sncestral home, to the English-speaking alilance of the world, and next month by a celebration at Provincetown. Mass., site of the first landing of the Pilgrims, 300 years ago come November, which will usher in a series of similar observances with local color and flavor, occupying practically the remainder of the year. Thirty-one thousand public schools, led by those of New York and scattered all over the Union, are already pledged to participation, the annual convocation participation, the annual convocation of the university of the state in Albany in October will feature the anniversary, and, considering that, with all this, a presidential campaign will be in noisy and vigorous progress for about two-thirds of the time, there's no greatrisk in prediction of a centinuous performance for the next few months, so that others may well imitate the more or less devout Bronx housekeeper who replaced "God bless our home" with "Life is just one — thing after another" over her mantel. other" over her mantel.



"Just look at my hair! If you could only compare it with what it looked like a little while ago, before I began using Palmers." "HAIR-SUCCESS" Dressing, you would recognize what a wonderful thing this Dressing is for coarse and stubborn hair."

LPalmers. "HAIR-SUCCESS"

PALMER'S IAIR-SUCCESS Dressing

Palmer's SEIN SUCCESS Ointment-Sie-75e
Palmer's HAIR-SUCCESS Dressing-35e



## August Sale - Un-Will be Given in This

All Voiles ranging per yard; close out

All 59c Voiles; fancy and plain; close out 25c

only ; to close out

50c

close out 50c

65c One table of \$1.00 French Ginghams;

special

hams; Special

One table of 65c 32-in. Gingham off the bolt

65c

Beach Cloth; looks like linen; all colors; 36 inches 75c

High for



material.

-Or of fine French nicely.

### Cotton Goods Department Wednesday **Special Clean-Up**

MILLER BROS. CO. - The Store That Saves You Money - MILLER BROS. CO.

from \$1.00, \$1.50, \$2.00 50c

All \$1.25 Voiles; solids

All \$1.25 Organdy;

One table of Remnants Ginghams; 75c value; Special

fancy and solids;

75c One table of 50c Ging-

29c

50c One table of Outing Flannel in fancies:

50c values; Special 40c

Oll 75c Shirt Madras; Special

Collars Fall



The smartest new Frocks have them, especially the Street Frocks for late autumn. This clever McCall style could be made up in Satin - size 36 requires 61-4 yards 40-inch

Serge which pleats

# and BEDDING SEE WINDOW

UTUMN will be here almost before we know it with its cold A nights demanding plenty of warm Blankets and Bedding. And even though you may have what you consider an adequate supply of each, we suggest a visit to our August Sale for the qualities, quantities and prices it features are, we believe, beyond comparison, Every Blanket and piece of Bedding in the store is included in the sale. We can't tell you about them all, btu those described below are typical of the values.

Cotton Blankets These Blankets are made of the best cotton-no seconds - solid gray, with Size 68x76 pink and blue borders; SPECIAL also pink and blue plaid Blankets that can't be bought later for anything

like these prices. These Blankets have been marked down with the 20 per cent. to 30 per cent. off; and the prices that we quote here will "Net." If you need Blankets. Now is chance to save your money.

Size 68x76-SPECIAL ..... Size 66x81-SPECIAL Size 66x80-SPECIAL . Size 66x80-

in Pairs

Woolnap Blankets C & QQ Woolnap Blankets

Half wool Blank-ets; 66x80; very \$10.00 special, a pair ...

All wool Blank-ets; 66x80; very \$12.50 special, a pair ...

\$13.50

\$15.00

\$18.50

\$16.50

\$13.98

## **Cotton Laminated Comforts**

SPECIAL

Large sizes; some beautiful colors to select from.

VERY SPECIAL IN THIS SALE.

Each \$8.50, \$10.00, \$12.50 \$15.00, \$18.00

## Extra Fine Wool Blankets

Special in this sale; a pair ..... 70x74 White; with pink and blue borders; Special in this sale; a pair ...... 72x84—White; with pink and blue borders; Special in this sale; a pair ..... 72x84 Gray; with pink and blue borders; Special in this sale ..... 70x80—Pink and blue plaids;

70x72 White; with pink and blue borders;

Special in this sale; per pair ......

70x80 Pink and blue plaids; \$15.00 Special in this sale; per pair ......

\$22.50 72x84 Pink and blue plaids; Special in this sale; per pair .....

Mail and Phone

Orders
Promptly Filled Miller Bros 6